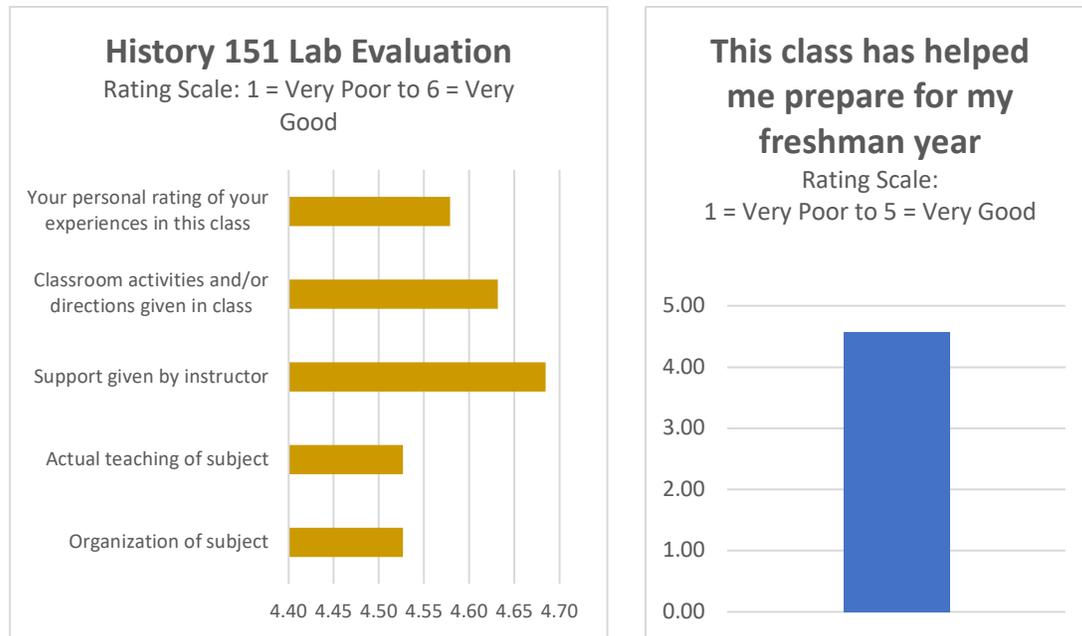


## College Opportunities Program

Summer 2019

Summary of History 151 Lab Evaluations for Adrian Alarilla  
(N=19)



### **List three things that you learned in the course and/or from instructor this summer:**

1. I learned good study habits for the midterm and the final exam. Also, I learned many new courses that would relate to the current course as well as some interesting additional topics.
2. how to write a better essay, studying tips, and a lot of history!!!
3. Reviews really help before tests, we can send our essays for him to read prior to the final, and history is a boring topic
4. Literally everything
5. Prep skills  
Studying skills  
communication
6. 1. Explaining it to other people about the topics actually helps me remember 2. All I can remember is the recent chapter we learned about  
3. Adrian is pretty chill and made me want to talk to him even more
7. I learned more about the Golden Lotus, Ramayana, and Judge dee.
8. how to manage time wisely, ask questions and work together as a group
9. How to study for finals  
how all the stuff we learned was connected  
how to prepare for an essay on a midterm or a final
10. The terms for our exams, the Mongols, the Dynasty
11. I had the opportunity to do fun review activities during lab which helped me remember the terms for the exams easier. We did fun character activities before our book quizzes during class which really helped me identify the characters. I learned about certain topics in our studies more in depth.
12. 1. History  
2. How to work In a team  
3. Chinese Dynasties and there impact

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13. Ancient China, Cooperation and teamwork
14. being responsible for my own things, being on time, staying on top of things
15. Ask for help, use the textbook, study using the textbook
16. understanding the lectures better and studying for the finals
17.
  1. the Chinese dynasties and how it all connected
  2. Rome empire
  3. foot binding
18. How to prep for tests, information, how to improve
19.
  1. College courses has a lot of terms
  2. The Rise and Fall of Rome
  3. When writing, include more quality than quantity

### **Additional comments and/or suggestions for improvement.**

1. Nothing.
2. Adrian was an amazing teacher and he was a huge help!! THANK YOU SO MUCH ADRIAN!!!!!!!!!!!!!!!!!!!!!!
3. He's awesome
4. Adrian was a great TA and helped us actively during class.
5. thank you adrian. i wouldnt have passed without you
6. Yo Adrian is the man. He really awesome and helpful and all you have to do is ask. Mahalo Adrian